



Anti-Doping Newsletter from the Medical Commission

Including important information for Premier Team Managers regarding Out of Competition Testing

Dear Members

Firstly, I hope my letter finds you and your families all healthy. We all continue to with the fight against the Corona virus. Many of us are fortunate to have some if not all restrictions lifted while some are finding themselves having to return to restrictions because the positive cases are rising again. It would seem that some federations have been able to go back to some sort of meaningful training on the water with even some national championships being held. This is good to hear. The vaccination programs across the world continue to make progress but, in some countries, it is slower than ideal.

As I mentioned in the last Newsletter the IDBF has the obligation of compliance with WADA in regard to Out of Competition Testing. As the World Championships have now been, regrettably, cancelled the IDBF will be bound to use the method we used last year which was testing at athlete's home addresses. As mention in the last Newsletter the IDBF does not have a Testing Pool or Registered Testing Pool in which Premier athletes would be registered in ADAMS and required to submit their whereabouts information on a constant basis. The information required is an hour's timeslot where the athlete can be found every day e.g., 05:00-06:00 at home. Should an athlete be away from their home address because of work or holiday then this change must be entered into ADAMS by the athlete. As we are not classed as a professional sport and not all athletes are able to compete in the World Championships every year the IDBF has not felt it appropriate to put this burden on the athletes. Therefore, I require the 10 National Federations listed below to **immediately** comply with the following:

- A list of names **AND** addresses of **Premier Team** athletes who were in your selection pool
- Place of training with the dates, times and exact address details of the planned training sessions along with contact details of the team coach/trainer who is running the training session

Please forward the above information by **Monday 23.08.2021** to: chair-medical@dragonboat.sport

IDBF testing compliance - a certain percentage of our tests need to be for an Athlete Biological Passport. This test can only be done using a blood sample. Therefore, I ask all Federations to ensure that their athletes, through their National Federation's Anti-Doping Education programs (IDBF ADR Page 5), are made aware of the fact that if selected for testing it maybe that a blood sample will be taken.

Every athlete has the right to compete in a fair championship. Every coach has the right and responsibility to ensure this with the means available too.

IDBF ADR 2021 - 5.5.8 IDBF may, in accordance with the International Standard for Testing and Investigations, collect whereabouts information from Athletes who are not included within a Registered Testing Pool. If it chooses to do so, an Athlete's failure to provide requested whereabouts information on or before the date required by IDBF or the Athlete's failure to provide accurate whereabouts information may result in consequences defined in Article 5.5.12.

Reminders:

Education on Anti-Doping - part of the IDBF plan in going forward on education, and to be in compliance with WADA, it is to introduce a mandatory completion of certain education tools. Our first target group is all **Premier Division athletes** from the 10 countries (*based on their results in Thailand and geographical spread*) listed at end of newsletter to complete the WADA **ADEL for International-Level Athletes** program. The Premier athletes are required to complete the Anti-Doping Education and Learning (ADEL) on-line learning program. The completion of this



learning program can be monitored by the IDBF via the ADEL website. As already mentioned, an Athlete's first experience with anti-doping should be through Education rather than at the Doping Control Station. Please make good use of the time we now have available due to our championships not taking place this year.

National Federations Anti-Doping Education Programs (IDBF ADR Page 5) - information from all National Federations on their Anti-Doping Education for athletes and support personal. There are other ADEL learning programs for national-level athletes, coaches, medical personal and parents and therefore it would be welcomed for all of these groups to also participate too. ADEL by WADA also comes as an App via the Google Play store and Apple App Store so it is accessible on everyone's mobile phone. ADEL Link: <https://adel.wada-ama.org/>

Once again to finish this Newsletter installment please help the IDBF and our sport to fulfill its commitments to WADA by immediately complying with the above-mentioned points. Despite the disappointment we have this year let's all remain positive and optimistic for our Championships in next year in Sarasota, USA. Stay safe and so look forward to seeing everyone there.

Bridget Walter, Chair Medical Commission

10 Premier Team Nations (*based on their results in Thailand and geographical location*) **are required to comply with the information regarding Premier athletes as asked for above**

Australia
Canada
China
Chinese Taipei
Germany
Indonesia
Singapore
Thailand
Ukraine
USA