



國際龍舟聯合會 INTERNATIONAL DRAGON BOAT FEDERATION



The World Governing Body for Dragon Boat Sport

www.dragonboat.sport

Reply to: chair-medical@dragonboat.sport

December 2022

Anti-Doping 2022 Review from the Medical Commission Chair

Dear Members

Autumn has already begun here in the northern hemisphere where the dragon boat season has started winding down on the water whereas the southern hemisphere it will be getting up to full speed on the water.

It is now already over 5 months since the IDBF WCCC in Sarasota. The first since 2019. It was great to see the dragons back on the water and racing for medals. It was a successful and enjoyable championships.

Despite having a Covid Protocol in place there were cases of Covid reported before the start and during the Championships. By the end of the championship, it was estimated that the infection rate was around 5%. This did result in some teams having to make changes and required some flexibility in running the championships. Despite this everyone worked together so that racing was largely unaffected.

Education

An ADEL (Anti-Doping Electronic Learning) webinar was held in January. This was a first for the M&SSC but it is hoped more will follow. The reason for this webinar was to show athletes and support personnel how to access the ADEL program. This was to coincide with the mandatory requirements for those wanting to attend the World Championships in Sarasota. The attendance was encouraging for a first time.

For the WCCC 2022 the IDBF introduced a mandatory Anti-Doping course for all Premier athletes. The compliance was excellent and I would like to thank **all** Premier athletes and support personnel for complying. Despite the course taking some time to complete I am sure everyone came out better educated regarding anti-doping. **Any athletes who will be newly selected for next year's championships will be required to complete the ADEL International Level Athlete course and submit their certificate to the IDBF Chair Medical before being eligible for accreditation/registration. The ADEL certificate has a 2-year validity so all those athletes who completed this course this year are covered for next year's championships as long as their certificate has been submitted. When it comes to renewal there is now a specific course which should take less time to complete.**

In going forward and increasing the education of all our athletes and support personnel the IDBF will be making the completion of an ADEL anti-doping course a mandatory requirement for all Seniors A, U24 and their coaches wanting to compete in the 2023 Championships. These athletes and coaches will be required to complete the ADEL National Level Athlete or High-Level Coaches course, submit their certificate to IDBF Chair Medical before receiving their



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accreditation/registration at the 2023 Championships. I strongly recommend Senior B athletes to also undertake the National Level Athlete course. It will become mandatory in 2024.

Outreach Booth

In working together with USADA the IDBF was able to have an Outreach Booth at the Championships in Sarasota. It was visited by many athletes and support personnel which was great to see. Please see the separate report in this publication.

Testing

The IDBF conducted both Out of Competition and In Competition testing during 2022. I am pleased to report we had no test results that required any further action. I would like to thank all those athletes and support personal involved for their cooperation.

Webinar – Save the Date!

On Jan. 13th 2023 at 8:00-9:00 PM Eastern Time (12:00-1:00 PM Australia, 9:00-10:00 AM China there is a Webinar initiated by the Youth Commission. The IDBF Medical Injury Webinar will have a panel of qualified experts available to answer questions on sport injuries and concerns. The members of the panel will be published on Facebook very soon.

I look forward to working with and seeing everyone again in Pattaya next year.

Bridget Walter, Chair Medical Commission