



國際龍舟聯合會

INTERNATIONAL DRAGON BOAT FEDERATION



The World Governing Body for Dragon Boat Sport

www.dragonboat.sport

Reply to: chair-medical@dragonboat.sport

September 2022

Anti-Doping Newsletter from the Medical Commission Chair

Dear Members

I hope my Newsletter finds you, your families, your athletes and coaches well. Autumn has already begun here in the northern hemisphere where the dragon boat season will start winding down on the water whereas the southern hemisphere will be getting up to full speed on the water.

It is now already over 2 months since the IDBF WCCC in Sarasota. The first since 2019. It was great to see the dragons back on the water and racing for medals. It was a successful and enjoyable championships. As I write, after hurricane Ian the race site in Sarasota is now having to deal with high water. There are photos showing the water near the top of the steps in front of the tower. There are also fallen trees to clear. Let us hope that the damage is not serious and they can reopen the site very soon.

Despite having a Covid Protocol in place there were cases of Covid reported before the start and during the Championships. By the end of the championship, it was estimated that the infection rate was around 5%. This did result in some teams having to make changes and required some flexibility in running the championships.

Education

For the WCCC 2022 the IDBF introduced a mandatory Anti-Doping course for all Premier athletes. The compliance was excellent and I would like to thank all Premier athletes for complying. Despite the course taking in some cases some time to complete I am sure all came out better educated regarding anti-doping. Any athletes who will be newly selected for next year's championships will be required to complete the ADEL International Level Athlete course and submit their certificate to the IDBF Chair Medical before being eligible for accreditation/registration. The ADEL certificate has a 2-year validity so all those athletes who completed this course this year are covered for next year's championships as long as their certificate has been submitted.

In going forward and increasing the education of all our athletes and support personnel the IDBF will be making the completion of an ADEL anti-doping course a mandatory requirement for all Seniors A, U24 and their coaches wanting to compete in the 2023 Championships. These athletes and coaches will be required to complete the ADEL National Level Athlete or High-Level Coaches course, submit their certificate to IDBF Chair Medical before receiving their accreditation/registration at the 2023 Championships. I strongly recommend Senior B athletes to also undertake the National Level Athlete course. It will become mandatory in 2024.



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I would like to remind all National Federations that under the IDBF Anti-Doping Rules 2021 (see page 5 & 6) that all National Federations are required to promote the education of their athletes in clean sport

IDBF National Federations and their Members and Affiliates

IDBF National Federations and their Members and Affiliates IDBF National Federations and their Members and Affiliates are required to assist in Anti-Doping Education by introducing programmes that promote the spirit of sport in order to establish an Anti-Doping environment that influences the behaviour among Athletes, Athlete Support Personnel, other Persons and any Participants of the Sport and creates an Anti-Doping culture. IDBF National Federations and their Members and Affiliates should educate and counsel all Participants in the sport regarding the IDBF Anti-Doping Rules and other Anti-Doping rules (ex: Code and International Standards) and in particular the information on:.....

By being proactive in promoting the ADEL courses (have link on your NF website) each National Federation will be making a start in fulfilling their obligations under the IDBF ADR as an IDBF member and according to the Code 2021 Art. 18.1 and 18.2.3.

With regard to the above I require ALL National Federations to submit their current anti-doping educational plan/activities and information that is available to all their athletes and support personnel. This can be in document form or by sending me your NF Anti-Doping website link.

The health of our athletes should be the Nr. 1 priority when wanting to achieve success on the water.

Bridget Walter, Chair Medical Commission

<https://adel.wada-ama.org/learn>

