



16th IDBF WORLD DRAGON BOAT RACING CHAMPIONSHIPS

#Bulletin no.2

7th - 13th AUGUST 2023
RAYONG - PATTAYA
THAILAND



2023 16th IDBF WORLD DRAGON BOAT
RACING CHAMPIONSHIPS
RAYONG-PATTAYA, THAILAND



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BULLETIN NO.2

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Rayong - Pattaya, Thailand 7th-13th August 2023

The information of Bulletin No.2 is complementary to Bulletin No.1.

The two Bulletins together serve as complete guidance.

This information of Bulletin No.2 provides further information about the 16th IDBF World Dragon Boat Racing Championships, and reminds participating nations about the important timeline that must be adhered to.

The race will take place from 7th – 13th August 2023 inclusive with the Opening Ceremony on Monday of the 7th August 2023. Participating teams for the 16th IDBF World Dragon Boat Racing Championships (WDBRC) should plan to arrive between Tuesday 3rd August 2023 to Sunday 6th August 2023.

Correction from Bulletin 1

<https://www.dragonboat.sport/rules-and-regulations>

IDBF Competition Regulations – Edition 8 – effective 1st January 2020

IDBF Rules of Racing – Edition 8.1 – effective 24th January 2020

Provisional Entries

15 provisional entries have been received from IDBF members: Australia, Canada, China, China Hong Kong, China Macau, Czech Republic, Germany, Great Britain, Italy, Japan, New Zealand, Singapore, Thailand, Ukraine, and the United State of America.

Division	Class	Standard Boat				Small Boat		
		200m	500m	1,000m	2,000m	200m	500m	2,000m
Premier	Open	6	6	6	5	9	9	8
	Women	7	7	7	6	11	11	10
	Mixed	11	11	12	10	7	7	6
Senior A	Open	6	6	6	6	9	9	9
	Women	3	3	4	4	7	7	7
	Mixed	7	7	7	7	7	7	6
Senior B	Open	5	5	5	5	7	7	7
	Women	5	5	5	5	5	5	4
	Mixed	8	8	7	7	5	5	5
Senior C	Open	5	5	5	5	5	5	5
	Women	4	4	4	4	5	5	5
	Mixed	5	5	5	5	4	4	3
U24	Open	3	3	3	3	4	4	4
	Women	3	3	3	3	3	3	3
	Mixed	4	4	4	4	3	3	3
Junior A	Open	3	3	3	3	5	5	5
	Women	4	4	4	4	3	3	3
	Mixed	4	4	4	4	3	3	3
Junior B	Open					2	2	2
	Women					3	3	3
	Mixed	2	2	2	2	2	2	2
Paradragon	PD1					1	1	1
	PD2	2	2	2	2			

Mixed Crew Requirements (CR2.1.3)

Standard Boat Crews – The crew must consist of a minimum of 8 and maximum of 10 paddlers of either gender. Drummers and Helms can be of either gender.

Small Boat Crews – The crew must consist of a minimum of 4 and maximum of 5 paddlers of either gender. Drummers and Helms can be of either gender.

Standard and Small Boats (CR2.2.2)

If a Country wishes to enter a standard and small boat in the same competition class, the competitors in the standard boat must be completely different to those in the small boat. The 26 competitors (including reserves) in the standard boat must be completely different to the 14 competitors (including reserves) in the small boat. The competitors cannot race in both standard and small boats within the same competition class.

The following examples may help:

Example 1

Premier Mixed standard boat and Premier Mixed small boat – must have completely separate competitors

Example 2

Senior B Open standard boat and Senior B Open small boat - must have completely separate competitors

Paradragons

Paradragon Racing

IDBF is committed to the inclusion of our Paradragon athletes in the 16th World Nations Championships. The facilities at Pattaya are first class and will offer Paradragons a safe and accessible venue.

To help encourage participation by nations, IDBF has agreed to some changes to its usual competition regulations and will:

- Offer additional small boat racing (in the PD2 class). This means **the race programme for Paradragons will now include PD2 Small Boat:**
- Wherever practicable, IDBF will allow 'double rostering' by Paradragon crew members (both impaired and unimpaired). In this way, Paradragon crew members should be able to participate in other race divisions, classes, and boat sizes. By allowing double rostering, IDBF hopes that it will be easier for nations to field Paradragon teams.

Once entries are known, IDBF will liaise with all Paradragon team managers (by a group video call) to discuss particular team needs and to help IDBF understand any impact on the proposed race programme.

Should any nation have an interest in entering a Paradragon team but is uncertain about the application of the Paradragon race rules, or the event itself, the Chair of the Para Athletes Commission (Nigel Bedford) is available for direct queries by email (chair-para@dragonboat.sport) or by phone (WhatsApp +44 7712 645800 during normal UK working hours).

As part of the process for accrediting Paradragons, a Certificate of Diagnosis for each paddler will be required (copy attached to this Bulletin, and this can also be found at Annex D to the Paradragon Rules of Racing). A completed certificate needs to be submitted for each impaired paddler to

chair-para@dragonboat.sport by email by 30th June 2023 at the latest. Note that Certificates of Diagnosis are not required for any unimpaired paddler who is part of a PD2 team.

Outline Program of Racing

Tuesday 8 August	Day 1 – 1000m – All Competition classes – Standard boats only
Wednesday 9 August	Day 2 – 2000m - Mixed competition classes
Thursday 10 August	Day 3 – 2000m - Open and Women competition classes
Friday 11 August	Day 4 – 500m – Mixed competition classes
Saturday 12 August	Day 5 – 200m - All Competition classes
Sunday 13 August	Day 6 – 500m - Open and Women competition classes

Provisional Schedule

The current schedule is shown below. In due course, more detailed information will be provided.

	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon
	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th
Teams arrive											
Training at venue											
Registration											
Opening Ceremony											
Racing											
Closing Ceremony											
IDBF Congress											

*Further details regarding Confirmed and Final Named Entries will appear in the next Bulletin.

Note: Registration will open on Saturday 5th August and Sunday 6th August only. Times and location will be confirmed in Bulletin 3.

Key Dates

Requirements	Deadline Date
Provisional entries close (Note: IDBF Registration system opens from 20 th January 2023)	24 th February 2023
Confirmed Entries close	19 th May 2023
Final team names submission – against which all fees will be charged	16 th June 2023
Confirm booking and deposit on Accommodation, Transportation, and Meals	19 th May 2023
Confirmed Numerical Entries and Administration Deposit of USD 500 per team Only in exceptional circumstances will the Admin Deposit be refunded such as a visa refusal.	19 th May 2023
Exceptional extended deadline for Paradrakon race category	1 st June 2023
Certificates of Diagnosis of Paradrakon paddlers received by chair-para@dragonboat.sport	30 th June 2023
<p>Final name Entries and Balance of Participant Registration Fee</p> <ul style="list-style-type: none"> - Name Entry form – against which all Regatta Fees (Administration and Registration) will be finalised and charged - Participant Registration fee – 50 USD for adults, 35 USD for Juniors and U24 - Supporters Fee – 25 USD per person <p>Administration Fee should be transferred to the bank account below:</p> <p>16th IDBF WDBRC ORGANIZING COMMITTEE BANK ACCOUNT</p> <p>RCAT Bank: Krungthai Bank, Thailand Bank Address: Sports Authority of Thailand Branch, 286 Ramkhamhaeng Rd, Huamark, Bangkok, Bangkok Thailand 10240 Beneficiary Name: The Rowing & Canoeing Association of Thailand Account Number: 989-8-52035-3 SWIFT or BIC: KRTHTHBK</p> <p>E-Slip or any kinds of money transferring evidence should be sent to admin.wdbrc2023@rcat.or.th</p>	30 th June 2023
<p>IDBF Registration Fee</p> <p>Full Members cost is \$50 USD per person and \$25 USD for Junior and U24 participants. There will be a processing fee of \$50 per invoice issued. The IDBF will provide an invoice for this payment, which will contain the bank details.</p>	20 th July 2023

- *Invoices sent on 30 June 2023*
- *Payment due 14 July 2023*

I DBF Registration Fees paid **after 21st July** may be subject to a **surcharge of \$5 USD per person**. I DBF will not be refunding registration fees for registered attendees who cancel after the payment of the invoice. It is the responsibility of the participating member to ensure the full amount showing on the I DBF invoice is received by I DBF. Any bank fees remain the responsibility of the participating member.

The registration fee is the only money payable to the I DBF.

****All other fees are payable to the Organizing Committee****

Visa

All visitors to Pattaya, Thailand are required a visa except citizens of countries where an exemption has been granted.

An Official Letter of Invitation will be sent via email to each National Federation. Do not delay in beginning your visa process. Official Letter of Invitation requests can be made to the 16th I DBF WDBRC Organizing Committee at visa.wdbrc2023@rcat.or.th

One invitation letter will be provided for the entire team. Please keep in mind that ***visas should be obtained before travelling to Thailand.***

There are 57 countries that have bilateral treaties with Thailand and their nationalities are granted visa exemption. Under the Visa Exemption Program and Bilateral Agreements, there are 5 countries that are granted 90 days permit to stay and 52 countries are granted 45 days stay in Thailand. The table below shows and gives details on countries which may enter the country with and without requiring a visa.

Please check the table below for visa exemptions and requirements or further details visit the Ministry of Foreign Affairs, Kingdom of Thailand or Department of Consular Affairs via website: <https://consular.mfa.go.th>

Summary of Countries and Territories entitled for Visa Exemption and Visa on Arrival to Thailand

Ordinary Passport						Diplomatic/Official Passport				
Passport holders of the following countries/ territories may apply for Visa on Arrival	Passport holders of the following countries/ territories may enter Thailand without a visa						Passport holders of the following countries/ territories may enter Thailand without a visa			
	Tourist Visa Exemption Scheme***			Bilateral Agreement			Bilateral Agreement			
Period of stay	Period of stay			Period of stay			Period of stay			
30 days ***	45 days ****			45 days****	45 days****	90 days	45 days****	90 days		
Bulgaria	Andorra	Norway	Brazil*	Cambodia	Hong Kong**	Argentina	<u>Bangladesh</u>	Albania	Nepal	
Bhutan	Australia	Oman	Korea (ROK)*	Myanmar	Laos	Brazil*	(Diplomatic only)	Argentina	Panama	
China	Austria	The Philippines	Peru*	<i>(International/ Airport only)</i>	Macau	Chile	Brunei	Austria	Peru	
Cyprus	Belgium	Poland	Hong Kong**		Mongolia	Korea (ROK)*	Cambodia	Belarus	The Philippines	
Ethiopia	Bahrain	Portugal	Vietnam**		Russia (&VoA)	Peru*	China	Belgium	Poland	
Fiji	Brunei	Qatar			Vietnam**		Ecuador	Bhutan	Romania	
Georgia	Canada	San Marino					Hong Kong	Russia		
India	Czech Republic	Saudi Arabia					Indonesia	Brazil	Serbia	
Kazakhstan	Denmark	Singapore					Kazakhstan	Bulgaria	Seychelles	
Malta	Estonia	Slovak					Laos	Chile	Slovakia	
Mexico	Finland	Slovenia					Macau	Colombia	South Africa	
Nauru	France	Spain					Malaysia	Costa Rica	<u>Spain</u>	
Papua New Guinea	Germany	South Africa					Mongolia	Croatia	<i>(Diplomatic only)</i>	
Romania	Greece	Sweden					Mozambique	Czech Republic	Sri Lanka	
Saudi Arabia	Hungary	Switzerland					Myanmar	El Salvador	Switzerland	
Taiwan	Iceland	Turkey					Oman	Estonia	Tajikistan	
Uzbekistan	Indonesia	Ukraine					<u>Pakistan</u>	Finland	Tunisia	
Vanuatu	Ireland	UAE					<i>(Diplomatic only)</i>	<u>France</u>	Turkey	
	Israel	UK					Singapore	<i>(Diplomatic only)</i>	Ukraine	
	Italy	USA					Timor-Leste	Germany	UAE	
	Japan						Vietnam	Georgia	Uruguay	
	Kuwait							Hungary		
	Latvia							India		
	Liechtenstein							Israel		
	Lithuania							Italy		
	Luxembourg							Japan		
	Malaysia							Korea (ROK)		
	Maldives							Kosovo		
	Mauritius							Kuwait		
	Monaco							Latvia		
	The Netherlands							Liechtenstein		
	New Zealand							Luxembourg		
								Mexico		
								Montenegro		
								Morocco		
								The Netherlands		

Remark

- * Passport holders of Brazil, Korea (ROK) and Peru are entitled for tourist visa exemption scheme. Meanwhile, Thailand also holds bilateral agreements on visa exemption for holders of diplomatic, official and ordinary passports for a visit of not exceeding 90 days with Brazil, Korea (ROK) and Peru.
- ** Passport holders of Vietnam and Hong Kong are entitled for tourist visa exemption scheme. Meanwhile, Thailand also holds bilateral agreements on visa exemption for holders of diplomatic, official and ordinary passports for a visit of not exceeding 30 days with Vietnam and Hong Kong.
- *** From 1 October 2022 to 31 March 2023, the period of stay for visa-on-arrival is extended from 15 to 30 days.

****From 1 October 2022 to 31 March 2023, the period of stay for tourist visa exemption scheme is extended from 30 to 45 days. In addition, the period of stay for bilateral agreements on visa exemption are extended from 14 and 30 days to 45 days.

Note: Please make sure that your passport is valid for at least 6 months or check with your airline for the passport validity requirement.

Accommodation and Meals

Hotels

The table below lists the official hotels in Pattaya – Rayong area for all participating teams that are provided by the Organizing Committee (OC).

Note: All accommodation prices listed includes full-board meals and transportation from hotel to venue round trip per day.

No.	Hotel	Room type with Rate (USD/Person/Night)		Distance to Venue (km)	Time to venue (min)	Amount of rooms
		Single	Twin			
1.	Kantary Hotel Ban Chang, Rayong	100	75	10	15	100
2.	D Varee Jomtien Beach Pattaya, Pattaya	100	75	28	40	100
3.	Ambassador City Jomtien, Pattaya – Superior (Ocean wing)	110	85	25	30	200
4.	Grand Jomtien Palace Hotel, Pattaya	90	65	28	40	100
5.	Star Convention Hotel, Rayong	95	70	40	50	150
6.	Play Phala Beach Rayong	95	70	20	25	100
7.	Golden City Rayong	95	70	38	50	200
8.	Kantary Bay, Rayong	105	80	45	50	100
9.	Kameo Grand, Rayong	105	80	40	45	100
10.	Classic Kameo, Rayong	105	80	40	45	100
11.	Jomtien Palm Beach Hotel & Resort	105	80	30	45	300
12.	Go Hotel Ban Chang	90	65	15	20	70
13.	Welcome Jomtien Beach Hotel	90	65	30	40	350
14.	Serene Phala Resort and Restaurant	110	85	20	25	40

Meals

The OC provided the information about full-board meal packages - breakfast, lunch and dinner will be provided as a buffet line at participating official hotels.

For teams who choose to have their own lunch (not with the OC), there are various kinds of local and international food and beverage vendors around the hotel areas.

Please notify the OC in advance, if there is any Halal or any food restrictions for any religious and/or medical reasons.

*Further details regarding Confirmed of meals will appear in the next Bulletin.

Transportation

The 16th IDBF WDBRC Organizing Committee will provide coaches for teams that reserved their accommodation with the OC for free to the venue and the accommodations. The number of coaches will be determined according to the number of participants in the country. Teams can arrange their own commute schedule.

There are 2 airports where the coaches will pick you up on your arrival and departure - Suvarnabhumi Airport and Don Mueang International Airport. The coaches will pick you up at the airport and take you to the hotel. The service will be provided both on training days and competition days. On your departure, coaches will pick you up at your hotel and take you to the airport.

Please note that this Local Transfer Service will be provided ONLY to teams who book their accommodations in the official hotels with the OC. (Buses are designated per country NOT shuttle bus style as previous).

Any teams who have chosen not to use the official accommodation arranged by the Organizing Committee are responsible for organising own transport to/from airport and to/from regatta course and to/from opening ceremony and closing party each day. IDBF and Organizing Committee are not responsible for any delays which may occur using non-official transportation.

If you need assistance with any of your arrangements, please do not hesitate to contact the 16th IDBF WDBRC Organizing Committee.

Should any teams wish to take the coaches for your own purposes, teams will be responsible for the additional cost.

Use of IDBF emblem on official national team race shirt

If a Country wishes to include the IDBF emblem on their official national team race shirt, please email Belinda Chung, IDBF Chair Marketing & Media - chair-marketing@dragonboat.sport to obtain approval. Requests must include a copy of the design showing where the IDBF emblem will be positioned. The IDBF emblem can only be used on the race shirt and nowhere else on the uniform. A copy of the IDBF Style Guide can be obtained from Belinda.



Anti-Doping

IDBF is a signatory to The World Anti-Doping Agency (WADA). IDBF is committed to ensuring that its athletes comply with WADA requirements and WADA-run testing will be conducted at the 16th World Dragon Boat Racing championships.

Anti-Doping Requirements for the 16th World Dragon Boat Racing championships

(Premier, Senior A, U24 Athletes and all Coaches)

For those who have not already completed an ADEL Anti-Doping Course do not forget to complete the appropriate course by **31st May 2023**. Copy of all certificates to be collated by the team manager and emailed to chair-medical@dragonboat.sport

- Premier Athletes - International Level Athlete Course

- Senior A and U24 Athletes – National Level Athlete Course
- Coaches – High Performance Coach Course

This is mandatory for competing in the 16th World Dragon Boat Racing championships.

<https://adel.wada-ama.org/learn>

TUE (Therapeutic Use Exemption)

Athletes who take substances or use methods prohibited by WADA are liable for expulsion from IDBF events and their teams may face disqualification. However, IDBF (and WADA) understand that sometimes there are overriding medical reasons for use of prohibited substances or methods and their use can be permitted on acceptance by IDBF of a Therapeutic Use Exception Application Form (TUE). The list of substances and methods prohibited by WADA can be found at:

<https://www.wada-ama.org/en/content/what-is-prohibited>

Global DRO Home – is also a useful website to check medications - <https://globaldro.com/Home>

The TUE and information on the TUE process along with Checklists are available for download from the IDBF website site (<https://www.dragonboat.sport/anti-doping>). Please note the following points when preparing a TUE.

1. Only those prescribed medications that are on the Prohibited List require a TUE
2. All medical evidence (diagnosis, medical history, test results, etc.) as stated on the TUE form at point 6, must be submitted with the TUE in order for it to be processed.
3. All submissions of TUE to be in PDF document format.

Premier Athlete submissions emailed to: chair-medical@dragonboat.sport by **8th July 2023**

All other athlete submissions, in the first instance, to their National Anti-Doping Organization (NADO) by **8th July 2023**

See **IDBF website** for TUE Application form and IDBF TUE Checklist:

<https://www.dragonboat.sport/anti-doping>

Your attention is drawn to IDBF Regulation 11 concerning drug abuse and doping. Random drug testing will be conducted during the event. All tests will be set against the current WADA banned substances list as shown on the WADA Website. Members of the IDBF Medical and Sports Science Commission will be on hand to monitor the testing process.

IDBF MSSC Advisory related to Anti-Doping - Life extension/anti-ageing therapies

Competitors are advised that the use of testosterone boosting agents to theoretically combat the ageing process is prohibited under WADA and the IDBF Anti-Doping rules. The use of these agents by any route for life extension or to combat the ageing process is not permitted and no therapeutic use exemption will be granted for this purpose. Additionally, paddlers are advised that there is

substantial evidence that they pose a serious health risk. Specifically note the following from the WADA rules:

- a) Females will not be granted a TUE for testosterone use, it is strictly prohibited
- b) Males must have a documented organic cause of hypogonadism. A list of such causes is available on the IDBF website - Male Hypogonadism document. Essentially there must be testicular, genetic or pituitary disease.
- c) Low testosterone levels from ageing (andropause) is NOT a valid reason for a TUE.

National Team Managers are to ensure that their competitors are familiar with the contents and advice given in the current edition of the IDBF Anti-Doping Policy – see <https://www.dragonboat.sport/anti-doping> and on the WADA website www.wada-ama.org.

Aiding and Abetting

Anyone who assists or incites, or otherwise encourages a competitor to indulge in drug abuse shall also be considered to have committed a drug offence and will be subject to the same disciplinary procedures as for a competitor or crew.

Contacts

Championships Website	https://www.rcat.or.th/16-IDBF-WDBRC
Organizing Committee contacts	office@rcat.or.th
Accommodation and Meals	hotel.wdbrc2023@rcat.or.th
Administration, General Inquires	admin.wdbrc2023@rcat.or.th
Visa	visa.wdbrc2023@rcat.or.th

IDBF contacts

IDBF General Secretary

Peter Tang general-secretary@dragonboat.sport

IDBF Treasurer

Alan van Caubergh treasurer@dragonboat.sport

IDBF Deputy Treasurer

Loretta Lewis deputy-treasurer@dragonboat.sport

Chair IDBF Competition and Technical Commission

Melanie Cantwell chair-ctc@dragonboat.sport

Chair IDBF Medical and Sports Science

Bridget Walter chair-medical@dragonboat.sport

Chair IDBF Para Athletes Commission

Nigel Bedford chair-para@dragonboat.sport

Chair IDBF Marketing & Media Commission

Belinda Chung chair-marketing@dragonboat.sport

The IDBF and RCAT encourage your association to enter the 16th IDBF WDBRC in Thailand, and looking forward to welcome you to join the championships.



PARADRAGON CERTIFICATE OF DIAGNOSIS

This certificate (below) must be signed by a registered medical practitioner, as well as by the individual.

This form must be completed in English. All items prefixed with a * must be completed.

PADDLER INFORMATION			
* Family name / surname:			
* Given / first name:			
* Gender:	Male <input type="checkbox"/> Female <input type="checkbox"/>	* Date of birth:	
			Day Month Year
* Nation or club being represented:			
When moving towards a boat before loading, do you use:	Wheelchair <input type="checkbox"/> Crutches <input type="checkbox"/> Walking stick <input type="checkbox"/>	* Do you need assistance when loading or unloading the boat?	Yes <input type="checkbox"/> No <input type="checkbox"/>
* Can you swim 50m in paddling clothing with no buoyancy aid? Notes:	<ul style="list-style-type: none"> this is to assist officials in planning racing; if you cannot swim 50m <u>you will still be allowed to race</u>); and the use of buoyancy aids may be mandated by race officials or your team but, if not, can always be worn regardless 		Yes <input type="checkbox"/> No <input type="checkbox"/>
Other information that may assist IDBF. For example:	<ul style="list-style-type: none"> Help you need at boat loading / unloading Information about your condition that may assist officials 		
	* Paddler's signature:		
	* Date of signature:		
		Day	Month Year

