**IDBF Checklist for TUEs Submission**

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| **Issue** | **Process** |
| **IDBF****Therapeutic Exemption Form****(TUE)** | * For **banned** substances ***In Competition*** **ONLY** (IDBF ADR 4.4.4)
* Refer to WADA Prohibited List/Globaldro.com [www.globaldro.com](http://www.globaldro.com) to check medication
* Submitted by athlete or Team Manager
* TUE Form available from IDBF Website/Anti-Doping
* Legibly, correctly, and completely filled out
* Submission with evidence of medical diagnosis information (as per Note 1 TUE form) is mandatory before processing can begin
* Submission as PDF **ONLY**
* Submission **at least** 30 days before championships begin (IDBF ADR 4.4.4)
* Submissions:
* **International Athletes -** to chair-medical@dragonboat.sport
* **National Athletes –** to their National Anti-Doping Organisations (NADO) or chair-medical@dragonboat.sport
* TUE for Asthma medications – please consult the WADA Prohibited List before having a TUE completed. Not all medications for asthma require a TUE. For those that do please see the Asthma TUE Check List and the WADA Asthma Physicians Guidelines
* Athletes should have a copy of their TUE at the Championships
* Original TUEs **DO NOT** need to be handed in at the Championship registration if already submitted and approved prior to the Championships
* Newly issued TUEs presented at the Championship’s may not be approved due to time and personnel availability
* TUEs are normally valid for 2 Years (IDBF 2021 ADR)

Links via https://www.dragonboat.sport/anti-dopingWADA Prohibited List (current)IDBF TUE ChecklistIDBF TUE FormIDBF Anti-Doping RulesWADA Asthma Checklist or [Checklist for Therapeutic Use Exemption (TUE) Application - Asthma | World Anti-Doping Agency (wada-ama.org)](https://www.wada-ama.org/en/resources/therapeutic-use-exemption/checklist-therapeutic-use-exemption-tue-application-asthma) for some other languages |